

# Health Report

### Hearing Associates Newsletter

### What's New at Hearing Associates



See what our patients have to say about us!

**Do You Have Hearing** 

Loss?

NEWS

Ask the Hearing Docs...



Carly J. Girard, Au.D. Doctor of Audiology

Julie E. Kneip, Au.D. Doctor of Audiology **Question:** Why is it important for me to routinely have my hearing aid checked if everything is working well?

### Answer:

This is a common question people ask. When someone first begins to lose his or her hearing, it typically doesn't happen overnight. You aren't usually hearing the birds one day, and the next day you can't hear the person next to you. The same is true with hearing through your hearing aid. Your hearing aid is an incredibly sophisticated electronic device that needs

to be routinely checked and maintained. Over time, hearing aid microphones get weak and drift, ear wax accumulates in the speaker and microphone ports, and filters need to be replaced. Often patients don't know their hearing aids aren't working well because they got weak over time, just like when they first began to experience hearing loss.



BrainHearing™ technology.

Complimentary Hearing Classes from Hearing Associates.



Teaser Time! Amazing Maze



Eliminating the sound of silence since 1980

#### Call us at (888) 510-8428

35 Tower Court, Suite A Gurnee, IL 60031

755 S. Milwaukee Ave., Suite 189 Libertyville, IL 60048

Sedgebrook - for residents only Lincolnshire, IL 60096

www.Hearingdoc.com

### Find out more about Hearing Associates online!



www.facebook.com/HearingDoc Twitter: @HearingAssocInc





Offer valid thru 3/10/17

### Listen to Our Patients

"Hearing Associates provided the best care we have received yet in a long line of doctors. We so appreciate the kindness and expertise."

-Kara N.

"I have had such a great experience with Hearing Associates. I learned that my loss of sleep was not due to a previous diagnosis of restless leg syndrome; it was due to my Tinnitus! With the suggested treatment, I am now sleeping better than ever. Thank you."

-Ken K.

"Overall because of my improved hearing, I feel as though I went from being a 20 watt light bulb, to a 100 watt bulb! I feel more plugged into my life and my surroundings; it is a wonderful new world! "

-Barbara S.



### **Do You Have Hearing Loss?**

Courtesy of the Better Hearing Institute

Knowing the status of your hearing health is just plain smart.

Even if you don't think you have a hearing loss, you might. In fact, it can take years to recognize hearing loss. After all, for so many, it comes on gradually.

Many people don't realize how easy it is to get a hearing test by a qualified hearing care professional and how straightforward the test itself is. In fact, many registered and licensed hearing care professionals provide free hearing evaluations.



The first step is simply finding a registered hearing care professional near you. Ask friends for recommendations; speak with your primary care provider; go to your local phone book yellow pages; or search the Internet for online healthcare directories.

The hearing test itself is fairly simple. Most include three basic components:

Questions about your hearing and general health;

- 1. A look at your ear canal and eardrum with a special magnifying light called an otoscope while you are seated; and
- 2. A series of sound prompts played for you while you are seated in a glassed sound booth with specially designed headphones. The hearing care professional will communicate with you through the headphones to determine if you are hearing different types of sounds and words at different volumes.
- 3. If the hearing care professional finds that you do have a hearing loss and recommends hearing aids, there is absolutely no need to make a decision on the spot. Just look at your options, and think about it.

So don't wait another day to learn the status of your hearing health.

The above story is based on materials provided by Better Hearing Institute. Note: Materials may be edited for content and length.





### Introducing **Oticon Opn.**<sup>™</sup> with BrainHearing<sup>™</sup> technology

Your brain works at incredible speeds to process sound. Finally there's a hearing device that can keep up. Only Oticon Opn<sup>™</sup> uses BrainHearing technology to process all the sounds around you exceptionally fast. Scientific research proves that as a result, you will understand speech 30% better\*, reduce your listening effort by 20%\* and remember 20% more of your conversations\*\*. Oticon Opn takes the work out of hearing, so you can enjoy a more effortless, natural hearing experience.

\*Compared to Alta2 Pro \*\*Individual benefit may vary depending upon instrument prescription



### **You're Invited!** Complimentary Hearing Classes for You and Your Family

### **Beyond Hearing Aids: Sound Advice**

We believe that Doctors of Audiology have an obligation to help their patients hear in all listening environments: face-to-face, in background noise, on the telephone, when watching TV, and in poor acoustical environments, such as places of worship and other large gathering places.

Furthermore, we believe it is relatively easy to make patients hear better, but it is very difficult and takes considerable skill to make them hear their best.

Our hearing enrichment classes are intended to empower our patients.

To register, please call Hearing Associates, Inc. at (888) 510-8428. Space is limited.

### **Beyond Hearing Aids: Sound Advice**

Sound Advice Classes are offered free of charge by Hearing Associates. Choose a location:

Gurnee

Class on first three Wednesdays of every month. Classes can

be taken in any order. Class time: 10:00a.m. - 11:00a.m. Evening Classes are also available

Hearing Associates 35 Tower Court, Suite A, Gurnee, IL 60031



### Teaser Time! Amazing Maze.



### FIND THE SNOWFLAKE Get to the snowflake

at the center of the maze!

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